



Stockton American Youth Soccer General Guidelines For Select Team Travel

As a representative of the Stockton American Youth Soccer, SAYS Soccer and the State of California, we are expected to present our best behavior. For all travelers, general guidelines have been made for your safety and for the success of this trip.

1. Players, parents and travelers associated with the Stockton American Youth Soccer, SAYS Soccer are expected to adhere to the Player's Code of Conduct and Parent's Code of Conduct which are attached.
2. In tournament situation, the team's performance is the primary responsibility of the coach. The parent should understand that the players would be under the scheduling and authority of the coach from the time he/she departs with the team until he/she is released following the last game of the tournament. With this in mind also, the playing time of all players will be determined by the coach to fulfill the purpose.
3. The coach will establish daily schedules for players/teams. This includes pre tournament training, practices and scrimmages as well as eating schedules and other activities.
4. The coach may state activity limits such as swimming and other physical activities.
5. Information will be shared as the team coaches and managers are informed. There will be meetings for players coordinated by the coaches. Please be punctual
6. Team Captains are responsible for coordinating players to scheduled events such as:
 - a. wake up and morning warm-ups
 - b. games
 - c. meals
 - d. team meetings
 - e. other activities
7. Team Captains may be asked to coordinate team attire for the day.
8. All players require physical and emotional preparation for games. Captain will encourage all players to respect other team players' pre-game rituals.
10. Team Captains will assist the coach with team meetings.

11. All players are expected to attend all events, meals and other social gatherings as a team.
12. All players will adhere to check-in times and places set by the coach
13. All players are expected to follow curfews and lights out procedures set by the coach.
14. Buddy system is recommended at all times. Never go anywhere alone or without permission.
15. No player will kick, head, bounce, propel or in any way play with a ball inside the hotel room, hallways and lobby area of the hotel.
16. No player will wear soccer cleats in hotel rooms, hallways and lobbies to prevent damages to hotel floors. Please use your slippers or shoes inside the hotel.
17. To avoid any foot injuries, no barefoot walking will be allowed. All players will use shoes/sandals/slippers at all times.
18. All players will dress in a manner that reflects modesty and good taste. There may be female or male coaches and chaperones housed on your floor. In consideration for others, all players will be clothed in the hallways. For male players, shirts are required when outside of halls and hats off when inside cafeteria and meeting.
19. Persons not on our team will not be permitted in our hotel rooms without the permission of the coaches and/or chaperones.
20. There will be no phone calls charged to the room by the players without permission of the room parent(s). It is a good idea for those players traveling alone to bring a phone card.
21. Do not leave team or personal items unattended in airports, at fields, in hotel lobbies, etc. There are many that look for opportunities to take items not secured. Let's look out for everyone on this team.
22. Be careful of strangers. It is OK to be friendly, but use your discretion and intuition.
23. There will be zero tolerance for violations of rules relating to drugs, alcohol and players of opposite sex being together in hotel rooms.
24. **Ground Transportation.** Coaches, managers and/or chaperones will be in charge of the transportation of the players. Players are not allowed to drive the team van. All travel will be done in-groups accompanied by or with the permission of the coach or chaperone. Never go anywhere alone or without permission.

25. **Medical Care, First Aid & Emergency Procedures.** Each team will provide medical kit with items to handle simple medical care such as abrasions and bruises. All medications (prescription and over the counter) must be in the original containers. Please label all medications with players' name.

It is the responsibility of each player to report game injuries and illness to the coaches/managers.

There are first aid facilities at the playing field. Assistance will be given to injured players, including transportation to the medical personnel on duty at each site.

All pertinent medical information is in the Player Folder held by your coach or manager.

26. **Personal spending money** for each player is a personal decision. Players should not carry excessive amount of money during travel. Older players may be able to handle his/her own personal money. However, for younger players and players traveling without their parents, it is important to coordinate the handling of personal money with other parents and/or manager. Please discuss details of how money is to be used with the responsible adult.
27. **Meals.** All meals will be eaten together as a team. Parents and siblings are invited to join the group.
28. **Water.** A hydration program will be instituted for the players. It is recommended Water Coordinators be assigned to assist with the coordination of the hydration program. It is important that bottled water not be shared with others.
29. **Personal Belongings.** Please label all your personal items including soccer socks and shorts. We suggest using your uniform numbers on your laundry items.
30. **Snacks.** Snacks for players after the game will be coordinated as necessary.
31. **Laundry.** Laundry Coordinator will assist with laundering of uniforms and other items for players and coaches. Parents are asked to assist with this chore.
32. **Team Equipment.** It is suggested team players travel with identified team equipment (i.e., warm up suits, bags, t-shirts, etc.) for easy identification as well as for appearance of unity.
33. **Passport, Airline Tickets and Identification.** Losing a passport, airline tickets or your identification could quickly end your travels, especially in foreign countries. Remember; never leave valuables in your check- in luggage or unattended baggage. Conceal important items (i.e., hotel safe, money belt, etc.)

34. **In summary.** Any player who fails to conduct himself/herself in accordance with these guidelines (international, federal, state, hotels, airlines, club, etc.) may be subject to immediate penalty including removal from the team events. The player may be sent home at his/her parents' expense or released to parental custody if they are in attendance.